



Frequently Asked Questions

What is AO Milestones?

AO Milestones is an **adaptive orthopedic trauma training platform** developed by AO Trauma faculty. It uses competency-based learning and EPA frameworks to help residents develop fracture management skills while tracking progress and clinical readiness.

How do I access AO Milestones after purchasing?

After purchasing AO Milestones, you will receive an **email with your access link within 24–48 hours**. Please also check your spam or junk folder.

To log in, open the link, enter your email address, and confirm your identity using the verification code sent to your email. You can bookmark the link for easier access in the future.

If you need assistance, contact aomilestones@aofoundation.org.

Can I access AO Milestones on mobile, tablet and desktop?

Yes. AO Milestones is accessible on **desktop, tablet and mobile devices**. Your learning progress, analytics, certificates, and digital badges automatically **sync across devices**, allowing you to continue learning anywhere.

Do I need an internet connection to use AO Milestones?

Yes. AO Milestones requires an **active internet connection** to load adaptive learning content and track your progress.

How is adaptive learning different from traditional orthopedic training?

Adaptive learning adjusts the training pathway based on **what you already know and where you need improvement**. Unlike traditional courses that present the same material to every learner, adaptive learning focuses on the topics where you need the most support. This makes the training **more efficient, personalized, and clinically relevant**.

What certificate do I receive after completing AO Milestones?

After completing the program, participants receive:

- A **digital certificate**
- **25.5 AMA PRA Category 1 Credits™**
- A **Credly digital badge**



The certificate can be downloaded immediately, and the digital badge is typically issued within **one week of completion**.

What is the AO Milestones digital badge?

The AO Milestones digital badge is a **verified online credential** that demonstrates completion of the program and the competencies developed.

You can add the badge to your **LinkedIn profile, CV, professional portfolio, or e-portfolio** to showcase your orthopedic trauma training.

How does AO Milestones support EPA-based competency assessment?

AO Milestones uses learning activities aligned with **Entrustable Professional Activities (EPAs)** to evaluate clinical competence.

The platform tracks learner performance across clinical scenarios and identifies when a learner is ready to take on **greater responsibility in orthopedic trauma care**.

Can residency program directors track resident progress?

Yes. Residency Program Directors can track **resident progress, competencies, and learning gaps** through built-in analytics and automated reports.

These reports provide insights into:

- progress by module and learning objective
- difficult topics and learning gaps
- time spent learning
- confidence and metacognition data

This helps programs support **competency-based orthopedic training**.

What learning analytics do residents see?

Residents can track their **progress, time spent learning, difficult topics and competency development**.

The platform also evaluates **metacognition**, meaning it measures both knowledge and confidence. This helps identify:

- guessing
- false confidence
- areas where additional practice is needed



This allows the system to guide learners toward **true clinical mastery**, not just memorization.

Do AO Trauma members receive a discount?

Currently, AO Milestones is **not included in AO Trauma membership benefits**. Please check the AO Trauma Membership page for updates on future offerings.

Are group or institutional discounts available?

Yes. Institutions can request **demo access and customized pricing** based on the number of residents and location.

To request an institutional offer, contact **aomilestones@aofoundation.org**.

How can residency programs request a demo?

Residency Program Directors can request a **free platform demo and live presentation** of AO Milestones.

The AO team can also provide **institutional pricing and implementation guidance** based on program size and location.

Contact **aomilestones@aofoundation.org** to schedule a demo.

Can AO Milestones be implemented in a hospital training program?

Yes. AO Milestones can be integrated into **orthopedic residency programs and hospital training curricula**. The platform supports competency tracking, EPA-based learning pathways and structured reporting for program oversight.

Where can I get help with login or payment issues?

If you encounter login, access, or payment issues, please contact **aomilestones@aofoundation.org** with a description of the problem. Our team will assist you as soon as possible.

Are scholarships available for learners from low- or middle-income countries?

If financial constraints prevent you from purchasing AO Milestones, please contact **aomilestones@aofoundation.org** and describe your situation and training context. The team will review your request.