AO Trauma Course
Shoulder and Elbow Trauma

Goal of the course

Participants will learn the current management of patient pain, dysfunction, deformity, and cosmesis related to trauma of the shoulder and elbow. Fractures from the sternoclavicular joint to the forearm will be covered as well as joint injuries and dislocations and soft-tissue injuries.

Target participants

Orthopedic and trauma surgeons with at least 3 years of experience who want to develop expertise in shoulder and elbow fracture care or surgeons with many years of experience who want to update their knowledge.

Learning objectives

At the end of this course, participants will be able to:

- Perform an appropriate assessment of the patient with trauma to the shoulder, humeral shaft, elbow, and forearm
- Identify the minimal quality requirements for each assessment tool and the optimal way to gather the required information
- Perform a thorough, stepwise analysis of the problem (what is the mechanical, biological, and soft tissue situation and problem)
- Identify the advantages and disadvantages of the treatment options and decide with the patient what is the best for their specific needs
- Develop a comprehensive plan based on the needs of the patient, the injury, the patient factors, and the available surgical options
- Complete the plan (perform operative procedures and nonoperative care)
- Provide and communicate overall care, integrating the team, family, and supporting care system

Small group discussions

- Clavicle
- Scapula
- Proximal humerus
- Humeral shaft
- Distal humerus
- Proximal ulna
- Proximal radius
- Elbow and radial and ulnar shaft
- Distal radius and ulna
- Carpus
- Hand

Modules

- Module 1—Clavicle
- Module 2—Scapula
- Module 3—Proximal Humerus
- Module 4—Humeral shaft
- Module 5—Distal humerus, proximal ulna, and proximal radius
- Module 6—Elbow and radial and ulnar shaft

Anatomical specimen workshop (full day)*

- Anterior exposures:
  - Clavicle
  - Humerus
  - Elbow
  - Distal radius
- Posterior exposures:
  - Scapula
  - Humerus
  - Distal humerus and proximal ulna

Scan the QR code or click on the link button below to find the nearest location and date for this course:

CLICK HERE

*Course details may be subject to change. Please check your chosen date and location for the detailed program.

We thank our major industry partner DePuy Synthes for providing an unrestricted educational grant and in-kind support for this event