AO Trauma Switzerland Annual Conference

Mountain Sports Trauma—New Trends, Tips, and Tricks

May 2–3, 2024

Chur, Switzerland

PROGRAM
Mission
The AO’s mission is promoting excellence in patient care and outcomes in trauma and musculoskeletal disorders.

The AO principles of fracture management

1. Fracture reduction and fixation to restore anatomical relationships.
2. Fracture fixation providing absolute or relative stability, as required by the “personality” of the fracture, the patient, and the injury.
3. Preservation of the blood supply to soft-tissues and bone by gentle reduction techniques and careful handling.
4. Early and safe mobilization and rehabilitation of the injured part and the patient as a whole.
Welcome

Dear AO Trauma Switzerland Annual Conference participant

We kindly invite you to the annual conference of AO Trauma Switzerland taking place from May 2-3, 2024 in Chur, Graubünden. The administrative meeting will take place later in the afternoon on May 2\textsuperscript{nd}, followed by a joint dinner for all AO Trauma Switzerland members and annual meeting participants.

The canton of Graubünden is a vacation oasis, which attracts many sports enthusiasts both young and old every year, both in winter and summer. The range of possible leisure activities is huge; from hiking and climbing to high alpine tours, from enjoyable cycling to hardcore downhill trails, from skiing various slopes to breathtaking free-ride opportunities, just to name a few.

We live and work in a canton where visitors want to experience their limits, which occasionally leads to accidents. The Graubünden Cantonal Hospital acts as a central hospital in the middle of this leisure oasis. Accordingly, we treat many patients with mountain sports injuries. This is why we chose “Mountain sports trauma: new trends, tips, and tricks” as the topic of this conference.

We have selected these topics so that the most common bone injuries related to mountain sports are covered. Special attention will also be paid to mis-healed fractures and their revision options which will be discussed at the end of each module.

Participants in residency program will receive a 50\% discount on the participation fee this year (please contact the organizer directly).

We look forward to your participation and fruitful discussions.

\textbf{Christoph Sommer}  
Kantonsspital Graubünden, Chur

\textbf{Yves Acklin}  
Kantonsspital Graubünden, Chur

\textbf{Michele Arigoni}  
President AO Trauma Switzerland
Chairpersons

Christoph Sommer
Kantonsspital Graubünden, Chur

Yves Acklin
Kantonsspital Graubünden, Chur

Faculty

Frank Beeres | Luzerner Kantonsspital, Luzern
Samy Bouaicha | Universitätsklinik Balgrist, Zürich
Samuel Haupt | Spital Oberengadin, Samedan
Markus Knupp | Mein Fusszentrum, Basel
Anna Leucht | Kantonsspital Winterthur, Winterthur
Christian Michelitsch | Kantonsspital Graubünden, Chur
Jochen Müller | Ente Ospedaliero Cantonale, Lugano
Daniel Petek | Hôpital Fribourgeois, Fribourg
Christian Spross | Stadtspital Zürich, Zürich
Jon Spycher | Spitäler fmi AG, Spital Interlaken
Philipp Stillhard | Kantonsspital Graubünden, Chur
Thursday
May 02, 2024

18:30 – 19:30  ADMINISTRATIVE MEETING
Annual Meeting (MEMBERS ONLY)

19:45  Group dinner at Restaurant KostBar
(For members and participants of the conference)

Friday
May 03, 2024

08:30-09:00  Registration

Shoulder Girdle

09:00-09:20  Clavica fractures – new trends/tips and tricks  C. Spross

09:20-09:40  AC-joint dislocation – new trends/tips and tricks  S. Haupt

09:40-10:00  Scapula fractures - new trends/tips and tricks  F. Beeres

10:00-10:20  Management of Mal-Unions  S. Bouaicha

10:20-10:30  Discussion

10:30-11:00  Coffee Break

Tibia Head Fractures

11:00-11:20  How to address the posterolateral corner – new trends/tips and tricks  P. Stillhard

11:20-11:40  How to treat posteromedial fracture-dislocations (Moore II, Schatzker IV) - new trends/tips and tricks  J. Spycher
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>11:40-12:00</td>
<td>How to treat combined tibia head and shaft fractures - new trends/tips</td>
<td>D. Petek</td>
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<td>and tricks</td>
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<td>12:00-12:20</td>
<td>Management of Mal-Unions</td>
<td>C. Sommer</td>
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<td>12:20-12:30</td>
<td>Discussion</td>
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<td>12:30-13:30</td>
<td>Lunch</td>
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<td><strong>Fractures around the ankle joint</strong></td>
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<td>13:30-13:50</td>
<td>Pilon fractures - new trends/tips and tricks</td>
<td>C. Michelitsch</td>
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<td>13:50-14:10</td>
<td>Malleolar fractures - new trends/tips and tricks</td>
<td>J. Müller</td>
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<td>14:10-14:30</td>
<td>Talus fractures - new trends/tips and tricks</td>
<td>A. Leucht</td>
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<td>14:30-14:50</td>
<td>Management of Mal-Unions</td>
<td>M. Knupp</td>
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<td>14:50-15:00</td>
<td>Discussion</td>
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<td>15:00-15:30</td>
<td>Coffee Break</td>
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<td><strong>AO Trauma Switzerland Science award / DACH Fellowship</strong></td>
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<td>15:30-15:40</td>
<td>Presentation of the three best papers</td>
<td>P. Stillhard</td>
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<td>15:40-16:00</td>
<td>Report DACH Fellowship 2023</td>
<td>M. Kabelitz</td>
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<td>J. Zimmermann</td>
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<td>16:00-16:30</td>
<td>Feedback and Goodbye</td>
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Event information

Organisation
AO Trauma Switzerland
Stefanie Walser
Clavadelerstrasse 8
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Phone: +41 79 459 19 31
E-mail stefanie.walser@aofoundation.org

Participants’ contact
If you have any questions, please contact our Global Event Services Team
Email: aoges.emea@aofoundation.org

Registration fee
General cost: CHF 100.-
Resident: CHF 50.-
Included in the course fee are coffee breaks, cocktail reception, lunch.

Online registration
Please register using the following link: Link

Language
Presentation Slides = English / Language of presentation = English or German

National CME accreditation
An application has been made to the Swiss Orthopedics und SGC for CME accreditation of this event.

Event organization compliance
In certain countries where AO has no office but offers educational events, the AO cooperates with third party companies to conduct local organization and logistics, as well as to communicate with participants in the local language. In these cases, the AO has put rules and guidelines in place to ensure that this cooperation has no impact on the curricula, scientific program, or faculty selection.

AO funding sources
Unrestricted educational grants from different sources are collected and pooled together centrally by the AO. All events are planned and scheduled by local and regional AO surgeon groups based on local needs assessments. We rely on industrial/commercial partners for in-kind support to run simulations/skills training if educationally needed.
Venues

Thursday, May 2, 2024
Administrative Meeting
Hotel Stern Chur
Reichsgasse 11
7000 Chur, Switzerland

Friday, May 3, 2024
Seminar
Grossratsgebäude Kanton Graubünden
Masanserstrasse 3
7000 Chur, Switzerland
General information

Evaluation guidelines

All AO Trauma events apply the same evaluation process, which includes pre- and post-event online evaluation and on-site written questionnaires. These evaluation tools help ensure that AO Trauma continues to meet your training needs.

Disclosures and conflicts of interest

Disclosure information and potential conflicts of interest (COI) can be viewed at the event webpage: https://aofnd.my.site.com/evt/s/evt-event/a1o68000000TufO

Intellectual property

Event materials, presentations, and case studies are the intellectual property of the event faculty.

All rights are reserved. For more information, please see: www.aofoundation.org/legal.

Recording, photographing, or copying of lectures, practical exercises, case discussions, or any course materials is absolutely forbidden.

The AO Foundation reserves the right to film, photograph, and audio record during their events. Participants must understand that in this context they may appear in these recorded materials. The AO Foundation assumes participants agree that these recorded materials may be used for AO marketing and other purposes, and made available to the public.

Security

There will be a security check at the entrance of the building. Wearing of a name tag is compulsory during lectures, workshops, and group discussions.

No insurance

The event organization does not take out insurance to cover any individual against accidents, theft, or other risks.

Mobile phone use

Mobile phone use is not allowed in the lecture halls and in other rooms during educational activities. Please be considerate of others by turning off your mobile phone.

Dress code

Casual
Principles of AO educational events

1. Academic independence
Development of all curricula, design of scientific event programs, and selection of faculty are the sole responsibilities of volunteer AO network surgeons. All education is planned based on needs assessment data, designed and evaluated using concepts and evidence from the most current medical education research, and reflects the expertise of the AO Education Institute (www.aofoundation.org).
Industry participation is not allowed during the entire curriculum development and planning process to ensure academic independence and to keep content free from bias.

2. Compliance to accreditation and industry codes
All planning, organization, and execution of educational activities follow existing codes for accreditation of high-quality education:
- Accreditation Criteria of the Accreditation Council for Continuing Medical Education, US (www.accme.org)
- ACCME Standards for Commercial Support: Standards to Ensure Independence in CME Activities (www.accme.org)
- Criteria for Accreditation of Live Educational Events of the European Accreditation Council for Continuing Medical Education (www.uems.eu)

Events that receive direct or indirect unrestricted educational grants or in-kind support from industry also follow the ethical codes of the medical industry, such as:
- Eucomed Guidelines on Interactions with Healthcare Professionals (www.medtecheurope.org)
- AdvaMed Code of Ethics on Interactions with Health Care Professionals (advamed.org)
- Mecomed Guidelines on Interactions with Healthcare Professionals (www.mecomed.org)

3. Branding and advertising
No industry logos or advertising (apart from the AO Foundation and its clinical divisions) are permitted in the area where educational activities take place.

Sponsors providing financial or in-kind support are allowed to have a promotional booth or run activities outside the educational area with approval from the event chairperson.

4. Use of technologies and products in simulations
In case simulations are chosen as an educational method to educate skills, we only use technology approved by the AO Technical Commission—a large independent group of volunteer surgeons developing and peer reviewing new technology.
More information about the AO Technical Commission and its development and approval processes can be found on the AO’s website: www.aofoundation.org.

5. Personnel
Industry staff members are not permitted to interfere with the educational content or engage in educational activities during the event.
Discover the advantages of joining the leading global trauma and orthopedic community, providing its members with education, research, and networking opportunities worldwide. Join us and share your passion.