SPINE

AO Spine Sacral Injury Classification System

Type A

Lower Sacrococcygeal Injuries No impact on posterior pelvic or spino-pelvic instability

Coccygeal or compression vs ligamentous avulsion fractures A1



Туре В

Posterior Pelvic Injuries Primary impact is on posterior pelvic stability

Central Fracture—involves spinal canal B

- Longitudinal injuries only-rare type of Denis Zone III injuries
- Low likelihood of neurological injury



Transalar Fracture-does not involve foramina or spinal canal • Unilateral Denis Zone I injury

Type C

Spino-Pelvic Injuries Spino-pelvic instability

Nondisplaced sacral U-type variant

• Commonly seen low-energy insufficiency fracture



Sacral U-type variant without posterior pelvic instability • Any unilateral B-subtype where ipsilateral superior S1 facet is discontinuous with medial part of sacrum • May impact spino-pelvic stability (Isler) **Bilateral complete Type B injuries** without transverse fracture • More unstable and higher likelihood of neuro injury than C1 C3 **Displaced U-type sacral fracture** • Worst combination of instability and likelihood of neuro injury • Displaced transverse sacral fracture = canal compromise



Sacral Fractures-Overview

Hierarchical system progressing from least to most unstable

- Type A Lower Sacrococcygeal Injuries No impact on posterior pelvic or spino-pelvic instability
- **Type B** Posterior Pelvic Injuries Primary impact is on posterior pelvic stability
- Type C Spino-Pelvic Injuries Spino-pelvic instability





Modifiers

*The AO Spine Injury Classification Systems follow a universal neurological system for the whole spine. For the sacrum, N4 is theoretically and anatomically impossible.

Classification Nomenclature

Transforaminal fracture (B3) high energy injury associated with transient neurological deficit (N1) and anterior pelvic ring injury (M3)





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